

# Caim School Newsletter



## Principal's Note

Dear families of Caim NS,

Welcome to our 3rd edition of 'Caim School News'

It is a very strange and difficult time for all of us, so now more than ever, it is important to stay in touch and to let our pupils know that we are thinking of them as we all stay at home and keep safe.

Before our school closed we had been very busy with a variety of activities; lunchtime league, Aistear, World book day and Well-being to name just a few.

Our school has enjoyed some great success recently also. Our under 11 quiz team made it through to the All-Ireland final Credit Union quiz. Our figure dancers took the top spot in the county in the Scòr na bpáisti competition. Congratulations to all involved.

I want to applaud our pupils for the excellent work which they have been doing at home and have sent in to us. I am proud of you and your commitment to your work.

For now, take a break, enjoy Easter and stay safe. We hope to see you all soon,

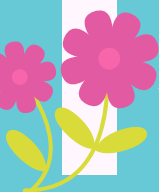
Mise le meas,  
Aine Doyle



## Aistear in the Infant Room

The Infants transformed into Astronauts for a few weeks this term as we studied Day v Night and Space as part of Aistear.

We did lots of work sorting things we do at night and things we do in the day, we arranged the planets into order, we learned about the first men on the moon, we designed some flying saucers, we made rockets and we even dressed up as Astronauts and visited space in our very own Rocket in the Role Play area. The children had lots of fun blasting off from the Halla to far away planets! Well done everyone!





## Scór na bPáistí

The boys and girls of Caim NS showcased their talents recently by taking part in Scór na bPáistí. Caim N.S. had entries in several categories:

- Figure dancing: Maura Doyle, Emily Slevin, Heidi Moorehouse, Nikhita Creane, Kate Browne and Katie Carty
- Instrumental: Jack Doyle and Heidi Moorehouse
- Solo singing: Anne Marie O'Mahony and Emma Deegan
- Ballad group:
  - Group 1: Anne Marie O'Mahoney, Jamuna Lambert, Lily Bibor, Emma Deegan and Caroline Dobbs
  - Group 2: Niamh Murphy, Kate Browne and Sophia Doyle
- Recitation: Kate Browne and Alicia Barnes

The first round took place in Rathnure N.S. on Monday 24th February where schools from the Enniscorthy district battled it out to qualify for the semi-finals. All of our acts performed excellently and represented their school very well. The judges revealed that their decision was very difficult. We were delighted to see our figure dancers, group 1 of the ballad singers and Anne Marie O'Mahony go through.

The semi-final was held on the 4th March in Bunscoil Loreto in Gorey. All of the girls taking part from Caim N.S. put on brilliant performances and we were delighted that all three acts qualified to the County Final!

All roads led to Oulart Community Centre on the evening of the 10th March for the County Final. The girls all felt nervous but excited. The standard of talent shown was extremely high.

The figure dancers put on a very slick performance of the Fairy Reel, receiving huge cheers and applause. Anne Marie blew everyone away with her rendition of 'Red is the Rose', and the ballad singers let their voices do the work, singing 'Bright Blue Rose' and 'Spanish Lady'. A huge congratulations to our figure dancers who came 1st place, each receiving a gold county medal! All the boys and girls that took part should be extremely proud of themselves. Roll on next year!

Big thank you to Ms Murphy and Ms Rowe for mentoring all the participants



## Seachtain na Gaeilge

On the 9th March, we kicked off the celebrations of our heritage and culture with Seachtain na Gaeilge. With all the spórt agus spraoi, it was a great success. A big thank you to sixth class for organising the different activities. They ran lots of fun competitions, hosted games stations for each class, prepared quizzes and set up treasure hunts, all as Gaeilge of course! The children dressed up on Thursday for our Lá Glas and we had a fashion show in the hall. The Scór na bPáisítí winners also performed their dances for us. To top it all off, Mrs. Ruth, along with some willing helpers cooked up a storm for our Hotdog Day in aid of Mrs Kehoe's charity cycle to Lourdes and we raised over €500. Thank you to all who supported it.

## World Book Day

World Book Day was celebrated on the 5th of March this year. On the day we held a 'Book Swap' in the hall. Children brought in books that they no longer needed and in exchange could choose a book(s) to take home with them. Families donated generously to the event. There were many kinds of books for children to choose from and all were in excellent condition. Some senior pupils helped to sort and set up the books, a big thank you to them! Some of the most popular books were Harry Potter, David Walliams and Beast Quest with a few more traditional gems like Enid Blyton and Malory Towers also being chosen. Many pupils and some of our staff also dressed up as various characters on the day. We hope everybody enjoyed their new books.



## Active School

The Active Schools Committee have been working hard this term and keeping us all Active! We are nearly finished our "Walk around Ireland" Challenge. By taking part in our Walk on Wednesday we have together walked from Caim, anti-clockwise all the way around the coast of Ireland, hitting lots of different towns and landmarks on the way. We are currently in Co. Cork, heading towards Waterford before making our way back to Caim NS. Fingers crossed we can get there soon. All children from Junior Infants to 6th Class have been taking part in the Super Trooper Active Homework Challenges. The Infants have their homework sheets, 1st - 5th have the Super Trooper Booklet and 6th have a special Super Trooper Chart to complete with their families. Check out [www.supertroopers.ie](http://www.supertroopers.ie) for lots of other ideas and information physical activity, good nutrition and wellbeing for kids of all ages! The Active Committee have also organised Active Lines, ready for our return to school and are planning on getting our Active Schools Walk Way up and running for the fine weather!

### Check out these easy ways to KEEP ACTIVE at Home

[www.supertroopers.ie](http://www.supertroopers.ie) / youtube - P.E. with Joe Wicks / Youtube - Cosmic Kids / Go Noodle  
<https://www.nhs.uk/10-minute-shake-up/shake-ups> or Design an obstacle course in your garden  
Create a treasure hunt for your siblings/parents!

## Amber Flag

### January

- Wellbeing Action Calendar for each classroom for the month of January
- New Year's Resolution Goals worksheet
- Random Acts of Kindness New Year Promises 2020 worksheet
- Mindfulness colouring 2020 banner (mindfulness)
- Wellbeing videos continued
- Mindfulness weekly homework

### February

- Design a poster competition promoting mental health
- Winning posters pictured



## Amber Flag Contd.



### March

Earlier this year Caim NS applied to Fyffes Fit Squad to have a personal trainer come to the school. Luckily we got a call and were chosen as one of the lucky schools. This consisted of 3 elements;

- A personal trainer coming to our school and putting us through our paces using bodyweight movements
- A talk on nutrition and wellbeing
- Children were given bananas and a water-bottle each.

Unfortunately due to the recent events, this will be postponed until further notice.

## Lunchtime League

Our third to sixth class lunchtime Gaelic football league commenced in late February, there has been great enthusiasm shown by all children participating with plenty of effort and skill on display. We currently have three rounds played and hope to complete our league in the not too distant future, in the meantime we would encourage all children to practise their football skills at home.



## Credit Union Quiz

On the 2nd February, two teams (U11 & U13) from Caim N.S. participated in the Credit Union Quiz in The Riverside Park Hotel. We are very proud of both teams as they represented their families, our school and themselves extremely well. The U11 team finished in second place. This secured them a place in the next round in the Ashdown Park on the 1st March. After an outstanding performance, they took first place! This qualified them to participate in the All Ireland. Unfortunately, the final round has been cancelled in light of the current situation but well done to all involved.

## Pancake Tuesday

The Infant Room had lots of fun celebrating the start of Lent with Pancake Tuesday in February. We made pancakes in the staff room and everyone had a taste. Some children preferred chocolate sauce while others chose sugar and lemon!



## Grandparents Day

On Wednesday, the 29th of January we celebrated National Grandparents day in conjunction with Catholic schools week. All of the children and staff attended Mass in the morning where the choir sang a beautiful song all about Grandparents. Afterwards, we invited all the Grandparents up to school for tea and some tasty treats, all home made by the boys and girls in 5th and 6th class. Yummy! Some of the children in 5th and 6th class sang songs, played music and did some wonderful dancing. We had a really pleasant morning and it gave the children the chance to say 'Thank you' to all the Grandparents for all they do for the children of Caim. Grandads and Grannies were very appreciative of the tea party.

