VOLUME 1 • OCTOBER 2019

# **CAIM SCHOOL NEWSLETTER**



Pupils of Caim National School welcome the Leinster Senior and Minor hurling championship cups.

## **PRINCIPAL'S NOTE**

A very warm welcome to the 1st edition of '**Caim School News'.** We have had a very busy and productive 1st term at school and I am glad to say we have all settled back to school life very well.

Sport is alive and well and I am happy to report that all pupils have been very active this term.

We are looking after our mental health here also and we are delighted to be applying for our 'Amber Flag' this year which promotes positive mental health.

All our budding artists have been busy at work creating excellent entries for the Halloween Art Competition. Winners will be announced on Friday 25th October at assembly.

I would like to take this opportunity to thank all families for your continued support and I hope you all enjoy the mid-term break.

Mise le meas, Áine Doyle

#### **WORLD MENTAL HEALTH DAY**



This year at Caim NS we have decided to aim for our Amber Flag. The Amber Flag initiative encourages schools to promote positive mental health. It enhances the good work that is already being done where mental health is concerned. The Amber Flag will acknowledge these efforts and unite all schools in the promotion of Positive Mental Health.

Already this year we have;

- Created a display board in our school promoting our initiative.
- Formed a well-being committee to come together and create ideas for whole school activities.
- Had an 'Odd Shoe' day fundraiser, raising money for Pieta House as our chosen charity on National Mental Health Day (10th October).
- Introduced Gratitude Wednesday in each class.
- Taught mindfulness lessons in individual classes.

### **MATHS WEEK**

Maths Week took place from 14-18th October. 6th class had great fun creating and playing maths games with all of the younger pupils. There were four groups in the class; bingo, obstacle course, bean bags and lollipop sticks.

The children got great enjoyment out of all the games. We got to know all of their personalities and still teach them loads of maths. All of the children loved the games and thanked us very much. We enjoyed it too and it was by far the best maths week ever!

Anne Marie, 6th Class





Boys and girls from 5th and 6th class are involved in the Rackard league football and mini 7s at present. Both teams are doing well, the girls team are through to the district semi-final and the boys team play the 'B' quarter final before Halloween. Thank you to all the teachers involved with both teams.

3rd and 4th class travelled to Bunclody to compete in a soccer competition. All enjoyed their day out.





#### **DISCIPLINE FOR LEARNING (DFL)**

Pupils are working hard and making good choices by following our Golden Rules. When they reach 200 stamps, they will receive their 1st lucky dip prize. Parents, please make sure to check your child's stamp book each week to see the excellent progress they are making.





#### **PUPIL PROFILE**

#### AGE: 11

**CLASS: 5TH** 

FAVOURITE MOVIE: ANGRY BIRDS TWO

**FAVOURITE SPORTS PERSON: MESSI** 

**FAVOURITE FOOD: FAJITAS** 

FAVOURITE SUBJECT: ENGLISH

**FAVOURITE THING ABOUT SCHOOL:** I LIKE THAT WE DO LOTS OF P.E AND DO RACKARD LEAGUE. I LIKE THE COMPETITIONS AND COMMITTEES THAT WE HAVE. I REALLY LIKE THE NEW EXTENSION.

#### **HALLOWEEN ART COMPETITION**





Halloween Art competition is in full flow. Winners from each class will be announced on Friday 25th at assembly. We are looking forward to dressing up on Friday for Halloween also.

#### **COMING UP NEXT TERM**

- Mindful November
- Christmas concert preparations
- Tin-whistle lessons

- New Board of Management
- Parent/Teacher meetings November 26/27th
- School closed November 29th for staff training in *Primary Language Curriculum*